

RESOLUTION NO. 2012-56

A RESOLUTION OF THE CITY COUNCIL OF THE CITY OF FOSTER CITY SUPPORTING AND PROMOTING HEALTHY EATING, ACTIVE LIVING (HEAL) AND SETTING FORTH THE CITY'S COMMITMENT TO OBESITY PREVENTION

CITY OF FOSTER CITY

WHEREAS, in 2004, the League of California Cities adopted a resolution to encourage cities to embrace policies that facilitate activities to promote healthier lifestyles and communities, including healthy diet and nutrition and opportunities that enable citizens of all ages and abilities to undertake exercise; and

WHEREAS, the League of California Cities has a strategic goal to promote and develop safe and healthy cities; and

WHEREAS, in July 2010 the League of California Cities Board of Directors resolved to partner with and support the national *Let's Move Campaign*, and encourages California cities to adopt preventative measures to fight obesity; and

WHEREAS, more than half of California's adults are overweight or obese and therefore at risk for many chronic conditions including diabetes, heart disease, cancer, arthritis, stroke, and hypertension; and

WHEREAS, the Foster City Parks and Recreation Department has participated in collaborative efforts with the San Mateo County Health Department with the goal of creating social change by providing free physical activity opportunities in open spaces in all parks and recreation departments across San Mateo County.

NOW, THEREFORE, BE IT RESOLVED by the City Council of the City of Foster City that the City Council recognizes that obesity is a serious public health threat to the health and wellbeing of adults, children and families in Foster City and hereby authorizes the adoption of a Healthy Eating, Active Living (HEAL) resolution and expresses its support of individual and community efforts that promote healthier lifestyles.

PASSED AND ADOPTED as a Resolution of the City Council of the City of Foster City at the regular meeting held on the 6th day of August 2012, by the following vote:

AYES: Councilmembers Bronitsky, Frisella, Okamoto, Perez and Mayor Kiesel

NOES: None

ABSENT: None

ABSTAIN: None


ART KIESEL, MAYOR

ATTEST:


DORIS L. PALMER, CITY CLERK