

RESOLUTION NO. 4662-2012

A RESOLUTION OF THE CITY COUNCIL OF THE CITY OF BARSTOW HEREBY ESTABLISHING BARSTOW AS A HEALTHY CITY AND MEMORIALIZING WORKING RELATIONSHIPS WITH LOCAL AGENCIES TO CREATE A CITYWIDE HEALTHY CONNECTIVITY THROUGH COMMUNITY PROGRAMS AND PROJECTS

WHEREAS, there are more than 37 million people living in California; and

WHEREAS, there are 24,521 people living in the City of Barstow; and

WHEREAS, 57 percent of California adults and 31 percent of California children are considered overweight or obese; and

WHEREAS, the City of Barstow is working toward developing programs and policies to support healthy lifestyles for all age groups, including Senior Wellness and Nutrition programs; and

WHEREAS, the City of Barstow maintains there are important, long-term community benefits to be gained by encouraging healthy lifestyles, including a potential decrease in the rate of childhood obesity and its negative health-related impacts; and

WHEREAS, at the March 21, 2011 of the Barstow City Council, there was extensive discussion regarding First Lady Michelle Obama's National "Let's Move" program. Without objection, Mayor Gomez noted that he wanted to have the "Let's Move" program as a Barstow project to facilitate activities to promote healthier lifestyles for the residents in the City of Barstow.

WHEREAS, the City of Barstow is currently partnering with the following agencies to build a healthier environment for its residents by creating citywide connectivity through community projects:

- Barstow Unified School District
- Barstow Community Hospital
- National Park Service Mojave National Preserve
- Bureau of Land Management, Barstow Field Office
- Main Street Murals
- Desert Discovery Center
- Off Limits Design

WHEREAS, Federal, State and local communities can work together to understand relationships between obesity, land use policies, community planning and recreation programming; and

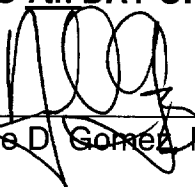
WHEREAS, the State and local communities can work together to ensure that there are safe places for their residents to be active such as in parks, ball fields, pools, gyms, and recreation center.

BE IT RESOLVED that the City of Barstow in its future planning, should make an effort to:

- Address walking and biking connectivity between residential neighborhoods and schools, parks, recreational resources, and retail;
- Facilitate the citing of new grocery stores, community gardens and farmers markets in underserved communities to increase access to healthy food, including fresh fruits and vegetables;
- Expand community access to indoor and outdoor public facilities through joint use agreements with schools and/or other partners
- Include health goals and policies related to physical activity and access to healthy food in the general plan update;
- Build incentives for development project proposals to demonstrate favorable impact on resident and employee physical activity and access to healthy foods;
- Examine racial, ethnic, and socio-economic disparities in access to healthy foods and physical activity facilities or resources and look to adopt strategies to remedy these inequities.

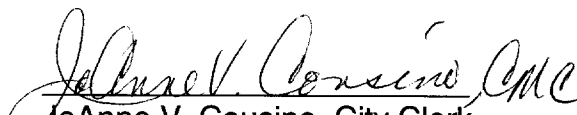
NOW THEREFORE, LET IT BE RESOLVED that the City Council hereby recognizes that inactivity and obesity is a serious public health threat to the wellbeing of adults, children and families. While individual lifestyle changes are necessary, individual effort alone is insufficient. Significant societal and environmental changes are needed to support individual efforts to make healthier choices. To that end, the City of Barstow adopts this Healthy Eating Active Living Resolution.

PASSED, APPROVED AND ADOPTED THIS 7th DAY OF MAY, 2012.



Joe D. Gomez, Mayor

ATTEST:



JoAnne V. Cousino, City Clerk



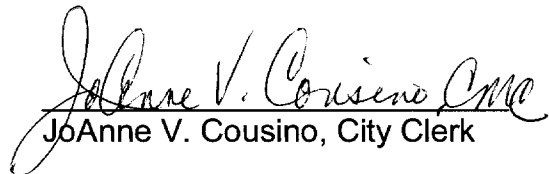
I, JoAnne V. Cousino, City Clerk of the City of Barstow and ex-officio Clerk of the Council, DO HEREBY CERTIFY UNDER PENALTY OF PERJURY that the foregoing is a true and correct copy of Resolution No. 4662-2012 of said Council which was introduced and adopted at its regular meeting of May 7, 2012, by the following vote:

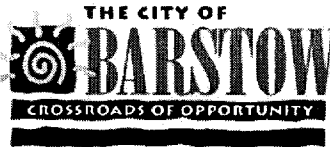
AYES: Council Member Hailey, Mayor Pro Tem Hackbarth-McIntyre and Mayor Gomez

NOES: Council Members Silva and Saenz

ABSENT: None

ABSTAIN: None


JoAnne V. Cousino, City Clerk



AGENDA MATTER:

APPROVE RESOLUTION 4662-2012 ESTABLISHING BARSTOW AS A HEALTHY CITY AND MEMORIALIZING WORKING RELATIONSHIPS WITH LOCAL AGENCIES TO CREATE A CITYWIDE HEALTHY CONNECTIVITY THROUGH COMMUNITY PROGRAMS AND PROJECTS

EXECUTIVE SUMMARY:

City Council to adopt Resolution establishing Barstow as a Healthy Eating Active Living City promoting wellness and healthy activities for its residents.

DISCUSSION:

Cities and their residents face increased health care costs and diminished quality of life from the problem of obesity and physical inactivity. City leaders across California are addressing the crisis by implementing land use and employee policies which encourage physical activity and nutritious eating.

The League of California Cities led the way with a resolution in 2004 which encouraged cities to embrace policies that promote healthier lifestyles and communities. Two years later, the League adopted a resolution to work together with the Institute for Local Government, and the Cities Counties and Schools Partnership to develop a clearinghouse of information that cities can use to promote wellness policies and healthier cities. The Healthy Eating Active Living Cities Campaign grew out of these resolutions and is a partnership of the California Center for Public Health Advocacy and the League of California Cities.

All California cities which adopt policies encouraging physical activity and good nutrition are eligible to be a Healthy Eating Active Living City and upon review and approval, become eligible for public relations and marketing resources including use of the HEAL Cities logo.

*CC: Saenz/Halley (3-2-0-0)
Approved (Silva + Saenz No)*

RECOMMENDED ACTION:

Adopt Resolution 4662-2012 establishing Barstow as a healthy city and memorializing working relationships with local agencies to create a citywide healthy connectivity through community programs and projects.

PROPOSED BY	FUNDS BUDGETED	FUNDS AVAILABLE	MEETING DATE
<i>MC</i> J Cousino, City Clerk	N/A	N/A	May 7, 2012
C.M. APPROVAL	AMOUNT REQUIRED	CATEGORY	ITEM NUMBER
Charles C. Mitchell <i>CM</i>	N/A	Legislative	11