

RESOLUTION NO. 2012-31

A RESOLUTION OF THE CITY COUNCIL OF THE CITY OF CRESCENT CITY SUPPORTING THE HEALTHY EATING ACTIVE LIVING (HEAL) CITIES CAMPAIGN

WHEREAS, in 2004, the League of California Cities adopted an Annual Conference resolution to encourage cities to embrace policies that facilitate activities to promote healthier lifestyles and communities, including healthy diet and nutrition and adoption of city design and planning principles that enable citizens of all ages and abilities to undertake exercise; and

WHEREAS, the League of California Cities has a strategic goal to promote and develop safe and healthy cities; and

WHEREAS, in July 2010 the League of California Board of Directors resolved to partner with and support the national *Let's Move Campaign*, and encourages California cities to adopt preventative measures to fight obesity; and

WHEREAS, on November 18, 2011, the League of CA Cities Board of Directors unanimously voted to encourage 100% board participation in the HEAL Cities Campaign; and

WHEREAS, more than half of California's adults are overweight or obese and therefore at risk for many chronic conditions including diabetes, heart disease, cancer, arthritis, stroke and hypertension; and

WHEREAS, one in four youth between the ages of 9 and 16 in California is overweight; and

WHEREAS, more children are being diagnosed with diseases linked to overweight and obesity previously seen only in adults, such as Type 2 diabetes and heart disease; and

WHEREAS, the current generation of children are expected to have shorter lives than their parents due to the consequences of obesity; and

WHEREAS, obesity takes a tremendous toll on the health and productivity of all Californians; and

WHEREAS, the annual cost to California—in medical bills, workers compensation and lost productivity—for overweight, obesity, and physical inactivity exceeds \$41 billion; and

WHEREAS, teens and adults who consume one or more sodas or sugar sweetened beverages per day are more likely to be overweight or obese; and

WHEREAS, by supporting the health of residents and the local workforce would decrease chronic disease and health care costs and increase productivity; and

WHEREAS, Crescent City embraces policies that facilitate activities that promote healthier lifestyles in our community, including healthy diet and nutrition, and supports smart growth land use planning, active transportation and design principles that enable all Crescent City citizens to undertake exercise with the goal of achieving a more active and healthy community; and

WHEREAS, the City Council believes that the children of Crescent City must be recognized as our community's most valuable resource and commits to participate in statewide, regional and local programs that support opportunities to invest in our youth to promote healthier lifestyles through exercise and good nutrition; and

WHEREAS, the City of Crescent City will collaborate with the County, other local cities and with the League of California Cities, Cities Counties and Schools Partnership, California Center for Public Health Advocacy and other community partners who wish to promote wellness policies to build healthier cities and encourage our citizens to pursue healthy active lifestyles and good nutrition.

NOW, THEREFORE, BE IT RESOLVED that the City Council of the City of Crescent City hereby supports City participation the Healthy Eating Active Living (HEAL) Cities Campaign and commits to participate in statewide, regional and local programs that support opportunities to invest in our citizens health and wellness;

This resolution shall be effective upon its adoption.

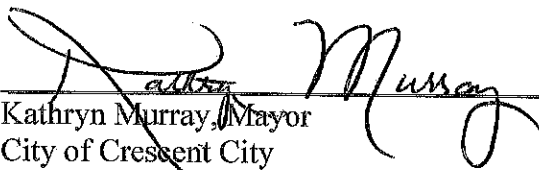
RESOLUTION PASSED AND ADOPTED at a regular meeting of the City Council of the City of Crescent City held on September 17, 2012, by the following vote:

AYES: **COUNCIL MEMBERS ENEA, HOLLEY, AND MAYOR MURRAY**

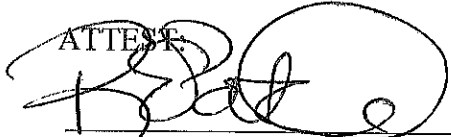
NOES: **NONE**

ABSENT: **COUNCIL MEMBERS SCHELLONG AND WESTFALL**

ABSTAIN: **NONE**



Kathryn Murray, Mayor
City of Crescent City

ATTEST:


Robin Patch, City Clerk
City of Crescent City