

RESOLUTION NO. 12-046

A RESOLUTION OF THE CITY COUNCIL OF THE CITY OF
CARSON, CALIFORNIA, SUPPORTING THE HEALTHY
EATING ACTIVE LIVING CITIES CAMPAIGN

WHEREAS, more than half of California's adults are overweight or obese and therefore at risk for many chronic conditions including diabetes, heart disease, cancer, arthritis, stroke, and, hypertension; and

WHEREAS, more children are being diagnosed with diseases linked to being overweight and obese that were previously seen only in adults, such as Type 2 diabetes and heart disease; and

WHEREAS, the current generation of children are expected to have shorter lives than their parents due to the consequences of obesity; and

WHEREAS, obesity takes a tremendous toll on the health and productivity of all Californians; and

WHEREAS, the annual cost to California in medical bills, workers compensation and lost productivity exceeds \$41 billion; and

WHEREAS, teens and adults who consume one or more sodas or sugar sweetened beverages per day are more likely to be overweight or obese; and

WHEREAS, the League of California Cities has a strategic goal to promote and develop safe and healthy cities; and

WHEREAS, in 2004, the League of California Cities adopted a resolution to encourage cities to embrace policies that facilitate activities to promote healthier lifestyles and communities, such as healthy diet and nutrition programs, and the adoption of city design and planning principles that enable citizens of all ages and abilities to undertake exercise; and

WHEREAS, in July 2010 the League of California Board of Directors resolved to partner with and support the national *Let's Move Campaign* that encourages California cities to adopt preventative measures to fight obesity; and

WHEREAS, on November 18, 2011, the League of CA Cities Board of Directors unanimously voted to encourage 100% board participation in the Healthy Eating Active Living (HEAL) Cities Campaign; and

WHEREAS, local land use policy governs the development of the environment in which individuals make personal nutrition and physical activity choices; and

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WHEREAS, by supporting efforts that improve the health of residents and the local workforce, cities will see a decrease in chronic disease and health care costs, and an increase productivity; and

WHEREAS, the City Council recognizes that obesity is a serious threat to the health and wellbeing of adults, children and families in the State of California and the City of Carson; and

WHEREAS, in light of this epidemic, the City Council will encourage and support the development of policies and programs that promote healthier eating and increased activity among the City's residents, visitors and employees.

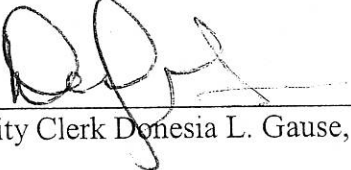
NOW, THEREFORE, BE IT RESOLVED, that the City Council of the city of Carson, California, supports the Healthy Eating Active Living Cities Campaign.

PASSED, APPROVED and ADOPTED this 17th day of April, 2012.



Mayor Jim Dear

ATTEST:



City Clerk Donesia L. Gause, CMC

APPROVED AS TO FORM:



City Attorney

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STATE OF CALIFORNIA)
COUNTY OF LOS ANGELES) ss.
CITY OF CARSON)

I, Donesia L. Gause, City Clerk of the City of Carson, California, do hereby certify that the whole number of members of the City Council is five; that the foregoing resolution, being Resolution No. 12-046 was duly and regularly adopted by said Council at a regular meeting duly and regularly held on the 17th day of April, 2012, and that the same was passed and adopted by the following vote:

AYES: COUNCIL MEMBERS: Mayor Dear, Ruiz-Raber, Santarina, Gipson and Davis-Holmes
NOES: COUNCIL MEMBERS: None
ABSTAIN: COUNCIL MEMBERS: None
ABSENT: COUNCIL MEMBERS: None



City Clerk Donesia L. Gause, CMC