

RESOLUTION NO. R2M12-34

**A RESOLUTION OF THE CITY COUNCIL OF THE CITY OF
ALHAMBRA, STATE OF CALIFORNIA ADOPTING COMMITMENT TO
OBESITY PREVENTION**

WHEREAS, in 2004, the League of California Cities adopted an Annual Conference resolution to encourage cities to embrace policies that facilitate activities to promote healthier lifestyles and communities, including healthy diet and nutrition and adoption of city design and planning principles that enable citizens of all ages and abilities to undertake exercise; and

WHEREAS, the League of California Cities has a strategic goal to promote and develop safe and healthy cities; and,

WHEREAS, in July 2010 the League of California Board of Directors resolved to partner with and support the national Let's Move Campaign, and encourages California cities to adopt preventative measures to fight obesity; and,

WHEREAS, the League of California Cities Board of Directors on November 18, 2011, unanimously voted to encourage 100% board participation in the Healthy Eating Active Living (HEAL) Campaign; and,

WHEREAS, more than half of California's adults are overweight or obese and therefore at risk for many chronic conditions including diabetes, heart disease, cancer, arthritis, stroke, and hypertension; and,

WHEREAS, one in four youth between the ages of 9 and 16 in California is overweight; and,

WHEREAS, more children are being diagnosed with diseases linked to overweight and obesity previously seen only in adults, such as Type 2 diabetes and heart disease; and,

WHEREAS, the current generation of children are expected to have shorter lives than their parents due to the consequences of obesity; and,

WHEREAS, obesity takes a tremendous toll on the health, productivity of all Californians; and,

WHEREAS, the annual cost to California -- in medical bills, workers compensation and lost productivity -- for overweight, obesity, and physical inactivity exceeds \$41 billion; and,

WHEREAS, teens and adults who consume one or more sodas or sugar sweetened beverages per day are more likely to be overweight or obese; and,

WHEREAS, California Senate Bill 375 and Assembly Bill 32 call on cities to adopt plans to reduce greenhouse emissions which include reducing vehicular miles traveled; and,

WHEREAS, local land use policy governs development of the built environment in which individuals make personal nutrition and physical activity choices; and,

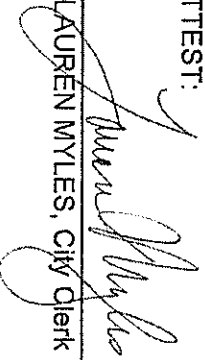
WHEREAS, supporting the health of residents and the local workforce would decrease chronic disease and health care costs and increase productivity;

NOW, THEREFORE, LET IT BE RESOLVED that the City Council hereby recognizes that obesity is a serious public health threat to the health and wellbeing of adults, children and families in the City of Alhambra. While individual lifestyle changes are necessary, individual effort alone is insufficient to combat obesity's rising tide. Significant societal and environmental changes are needed to support individual efforts to make healthier choices. To that end, the City of Alhambra adopts this Healthy Eating Active Living resolution.

Signed and approved this 19th day of November 2012.

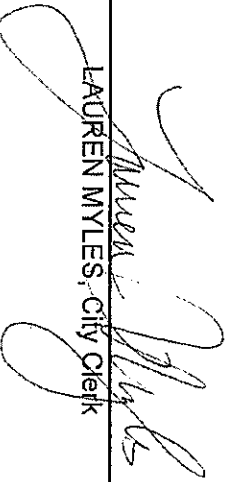

BARBARA MESSINA, Mayor

ATTEST:


LAUREN MYLES, City Clerk

I HEREBY CERTIFY that the above and foregoing resolution was duly passed and adopted by the Alhambra City Council at its adjourned regular meeting held on the 19th day of November 2012, by the following vote, to wit:

AYES:	SHAM, YAMAUCHI, PLACIDO, AYALA, SHAM
NOES:	NONE
ABSENT:	NONE


LAUREN MYLES, City Clerk