

RESOLUTION NO. 2012-53

**A RESOLUTION OF THE CITY COUNCIL OF THE CITY OF DINUBA
SETTING FORTH THE CITY OF DINUBA'S
COMMITMENT TO OBESITY PREVENTION**

WHEREAS, in 2004, the League of California Cities adopted an Annual Conference resolution to encourage cities to embrace policies that facilitate activities to promote healthier lifestyles and communities, including healthy diet and nutrition and adoption of city design and planning principles that enable citizens of all ages and abilities to undertake exercise; and

WHEREAS, the League of California Cities has a strategic goal to promote and develop safe and healthy cities; and in July 2010, the League of California Board of Directors resolved to partner with and support the national *Let's Move Campaign*, and encourages California cities to adopt preventative measures to fight obesity; and on November 18, 2011, the League of California Cities Board of Directors unanimously voted to encourage 100% board participation in the Healthy Eating Active Living ("HEAL") Cities Campaign; and

WHEREAS, more than half of California's adults are overweight or obese and therefore at risk for many chronic conditions including disease, cancer, arthritis, stroke, and, hypertension; and one in four youth between the ages 9 and 16 in California is overweight; and

WHEREAS, more children are being diagnosed with diseases linked to overweight and obesity previously seen only in adults, such as Type 2 diabetes and heart disease, and the current generation of children are expected to have shorter lives than their parents due to the consequences of obesity; and obesity takes a tremendous toll on the health and productivity of all Californians; the annual cost to California – in medical bills, workers compensation, and lost productivity – for overweight, obesity, and physical inactivity exceeds \$41 billion;

WHEREAS, local land use policy governs development of the built environment in which individuals make personal nutrition and physical activity choices; and

WHEREAS, in light of the foregoing statistics and considerations, the City of Dinuba commits to do all it can to decrease the rate of obesity and overweight in its communities and is committed to implementing the necessary laws or policies to create healthier work, school, and neighborhood environments conducive to healthier eating and increased physical activity among residents;

NOW, THEREFORE, LET IT BE RESOLVED that the City Council hereby recognizes that obesity is a serious public health threat to the health and wellbeing of adults, children, and families in Dinuba. While individual lifestyle changes are necessary, individual effort alone is insufficient to combat obesity's rising tide. Significant societal and environmental changes are needed to support individual efforts to make healthier choices. To that end, Dinuba adopts this Healthy Eating Active Living Resolution:

BE IT FURTHER RESOLVED that City of Dinuba staff responsible for design and construction of parks, neighborhoods, streets, and business areas, should make every effort to:


- Prioritize capital improvement projects to increase opportunities for physical activity;
- Plan and construct a built environment that encourages walking, biking and other forms of physical activity;
- Address walking and biking connectivity between residential neighborhoods and schools, parks, recreational resources, and retail;
- Continue to support community access to indoor and outdoor public facilities through joint use agreements with schools and/or other partners;
- Revise comprehensive plans and zoning ordinances to increase opportunities for physical activity and access to healthy foods, including mixed use and transit-oriented development, whenever possible.

BE IT FURTHER RESOLVED that in order to continue to promote employee wellness within the City of Dinuba and to set an example for other businesses, the City of Dinuba pledges to continue employee wellness and safety programs that may include:

- Employee health incentives for healthy eating and physical activity;
- Physical activity breaks for meetings over one hour in length;
- Accommodating breastfeeding employees upon their return to work;
- Use of exercise equipment located in Police and Fire facilities;
- Other wellness and safety rewards programs whenever possible, including but not limited to non-use of sick leave, non-use of tobacco, voluntary training attendance, tracking personal exercise time, and "Safety Bingo".


NOW, THEREFORE, the foregoing Resolution was introduced and adopted at a regular meeting of the City Council of the City of Dinuba held on September 11, 2012, by the following vote to wit:

AYES: Harness, Hinesly, Smith, Morales, Gonzalez
NOES: None
ABSENT: None
ABSTAIN: None



Mike Smith, Mayor
City of Dinuba

Attest:



City Clerk
City of Dinuba