

RESOLUTION NO. 2013-048

A RESOLUTION OF THE CITY COUNCIL OF THE CITY OF CHINO, CALIFORNIA, SUPPORTING THE LEAGUE OF CALIFORNIA CITIES' HEALTHY EATING ACTIVE LIVING ("HEAL") CITIES CAMPAIGN AND STRENGTHENING THE CITY'S COMMITMENT TO PROMOTING HEALTHY LIFESTYLES

WHEREAS, the League of California Cities has a strategic goal to promote and develop safe and healthy cities, and in 2004, adopted an Annual Conference resolution to encourage cities to embrace policies that facilitate activities to promote healthier lifestyles and communities, including healthy diet and nutrition and the adoption of city design and planning principles that enable citizens of all ages and abilities to be active; and

WHEREAS, the City of Chino and the Healthy Chino Coalition are leaders in the healthy communities movement and work in partnership with community organizations such as the Chino Valley Unified School District, Chino Valley YMCA, Focus on Youth, faith-based and service organizations, and businesses to enact award-winning programs and policies to encourage healthy lifestyles such as the Chino Farmers Market, Community Garden, Chino Walks, Employee Wellness, and Family Fitness Day; and

WHEREAS, more than half of California's adults are overweight or obese and therefore at risk for many chronic conditions including diabetes, heart disease, cancer, arthritis, stroke, and, hypertension; and

WHEREAS, in 2004, one in four youth between the ages of 9 and 16 in California was deemed overweight according to statewide physical fitness tests and nearly one in three youth, in that same age group in Chino, were considered overweight with greater disparities for economically disadvantaged youth; and

WHEREAS, youth between the ages of 9 and 16 have showed a slight improvement in obesity rates from 30.1% in 2004 to 26.8% in 2012, indicating that the efforts of residents, parents, teachers, students, community members, and the Healthy Chino Coalition are paying off in the way of better health for the youth in Chino; and

WHEREAS, more children are being diagnosed with diseases linked to being overweight and obese, previously seen only in adults, such as Type 2 diabetes and heart disease; and

WHEREAS, the current generation of children are expected to have shorter lives than their parents due to the consequences of obesity; and

WHEREAS, obesity takes a tremendous toll on the health and productivity of all Californians; and

WHEREAS, the annual cost to California in medical bills, workers compensation and lost productivity for overweight, obesity, and physical inactivity exceeds \$141 billion; and

WHEREAS, teens and adults who consume one or more sodas or sugar sweetened beverages per day are more likely to be overweight or obese; and

WHEREAS, supporting the health of residents and the local workforce will decrease chronic disease, health care costs, and increase productivity; and

WHEREAS, by promoting workplace wellness through healthy snack attacks, stairwell art programs that encourage stair usage, lunchtime speakers, and setting nutritious standards for vending machines and foods and drinks offered at City functions, the City of Chino promotes employee wellness and sets a positive example for other local business; and

WHEREAS, the City of Chino is among the first California cities to include a Healthy City component in its General Plan that incorporates health in all aspects of the City's development; and

WHEREAS, establishing goals and policies in the City of Chino's General Plan addressing the built environment is a powerful way to increase resident access to healthy, nutritious food, and an active lifestyle; and

WHEREAS, in July 2010 the League of California Cities Board of Directors resolved to partner with and support the national Let's Move Campaign, and encourage California cities to adopt preventative measures to fight obesity; and

WHEREAS, on November 18, 2011, the League of CA Cities Board of Directors unanimously voted to encourage 100% board participation in the HEAL Cities Campaign; and


WHEREAS, the HEAL campaign is consistent with the Healthy Chino mission to "increase healthy lifestyle options and the quality of life for our community" and its five focus areas, which include: fitness, health & human services, nutrition, public education, and safe and walkable neighborhoods.

NOW, THEREFORE, BE IT RESOLVED BY THE CITY COUNCIL OF THE CITY OF CHINO AS FOLLOWS:

1. The City of Chino will continue to make every effort to improve the health of those who live, work, and play in the City of Chino through the Healthy Chino movement and the implementation of the Healthy City Element of the General Plan; and

- 2. The City of Chino will continue to demonstrate its commitment to Healthy Chino and the General Plan by supporting the League of California Cities in becoming a Healthy Active Living (HEAL) City.

APPROVED AND ADOPTED THIS 20th DAY OF AUGUST 2013.

By: 
 DENNIS R. YATES, MAYOR

ATTEST:

By: 
 ANGELA ROBLES, CITY CLERK

State of California)
 County of San Bernardino)
 City of Chino)

I, Angela Robles, City Clerk of the City of Chino, do hereby certify that the foregoing Resolution was duly adopted by the City Council at a regular meeting held on the 20th day of August 2013, following a roll call vote:

AYES: COUNCIL MEMBERS: YATES, ELROD, ULLOA

NOES: COUNCIL MEMBERS: NONE

ABSENT: COUNCIL MEMBERS: DUNCAN, HAUGHEY


 Angela Robles, City Clerk