

RESOLUTION NO. 2014-2

**RESOLUTION OF THE CITY OF NEWMAN SUPPORTING THE HEALTHY EATING,
ACTIVE LIVING (HEAL) CAMPAIGN**

WHEREAS, in 2004, the League of California Cities adopted an Annual Conference resolution to encourage cities to embrace policies that facilitate activities to promote healthier lifestyles and communities, including healthy diet, nutrition and adoption of city design and planning principles that enable citizens of all ages and abilities to undertake exercise; and

WHEREAS, the League of California Cities has a strategic goal to promote and develop safe and healthy cities; and

WHEREAS, in July 2010, the League's Board of Directors resolved to partner with and support the national *Let's Move Campaign* and encourages California cities to adopt preventative measures to fight obesity; and

WHEREAS, more than half of California's adults and a quarter of our youth are overweight or obese and therefore at risk for many chronic conditions including diabetes, heart disease, cancer, arthritis, stroke, hypertension and a lower life span; and

WHEREAS, local land use policy governs development of the built environment in which individuals make personal nutrition and physical activity choices; and

WHEREAS, by supporting the HEAL Campaign, the health of residents and the local workforce would be improved.

NOW, THEREFORE, BE IT RESOLVED, that the Newman City Council hereby recognizes that obesity is a serious issue threatening the health and wellbeing of adults, children and families. While individual lifestyle changes are necessary; significant societal and environmental changes are needed to support individual efforts to make healthier choices. To that end, the City of Newman adopts this resolution in support of the Healthy Eating, Active Living (HEAL) Campaign

The foregoing resolution was introduced at a regular meeting of the City Council of the City of Newman held on the 14th day of January, 2014, by Council Member Hutchins, who moved its adoption, which motion was duly seconded and it was upon roll call carried and the resolution adopted by the following vote:

AYES: Davis, Hutchins, Martina and Mayor Katen.
NOES: None.
ABSENT: Candea.

APPROVED:



Mayor

ATTEST:



Deputy City Clerk