

RESOLUTION NO. 2014-2301

A RESOLUTION OF THE CITY COUNCIL OF THE CITY OF GUSTINE APPROVING THE COMMITMENT TO HEALTHY EATING, ACTIVE LIVING (HEAL) CAMPAIGN

WHEREAS, in 2004, the League of California Cities adopted an annual Conference resolution to encourage cities to embrace policies that facilitate activities to promote healthier lifestyles and communities, including healthy diet and nutrition and adoption of city design and planning principles that enable citizens of all ages and abilities to undertake exercise; and

WHEREAS, in July 2010 the League of California Board of Directors resolved to partner with and support the national *Lets Move Campaign*, and encourages California cities to adopt preventative measures to fight obesity; and

WHEREAS, more than half of California's adults and a quarter of our youth are overweight or obese and therefore at risk for many chronic conditions including diabetes, heart disease, cancer, arthritis, stroke, hypertension, and a lower life span; and

WHEREAS, California Senate Bill 375 and Assembly Bill 32 call on cities to adopt plans to reduce greenhouse emissions which include reducing vehicular miles traveled; and

WHEREAS, overweight, obesity, and physical inactivity takes a tremendous toll on the health and productivity of all Californians – exceeding \$41 billion annually; and

WHEREAS, the quality of the built environment, including neighborhood safety, sidewalks, streets, public transportation, restaurant and convenience store density, access to parks, trails, and grocery stores has a significant impact on obesity rates; and,

WHEREAS, local land use policy governs development of the built environment in which individuals make personal nutrition and physical activity choices; and

WHEREAS, by supporting the health of residents and the local workforce would decrease chronic disease and health care costs and increase productivity.

NOW THEREFORE BE IT RESOLVED BY THE CITY COUNCIL OF THE CITY OF GUSTINE hereby recognized that obesity is a serious public health threat to the health and wellbeing of adults, children and families in the City of Gustine. While individual lifestyle changes are necessary, individual effort alone is insufficient to combat obesity's rising tide. Significant societal and environmental changes are needed to support individual efforts to make healthier choices. To that end, the City of Gustine adopts this Healthy Eating Active Living Resolution.

BE IT FURTHER RESOLVED that the City of Gustine staff and consultants responsible for the design and construction of parks, neighborhoods, streets, and business areas, should make every effort to:

1. Prioritize capital improvement projects to increase the opportunities for physical activity in existing areas; and
2. Plan and construct a build environment that encourages walking, biking and other forms of physical activity especially between residential neighborhoods and schools; and
3. Expand community access to indoor and outdoor public facilities through joint use agreements with schools and/or other partners.

The foregoing resolution was introduced at a regular City Council meeting of the City of Gustine held on the 4th day February, 2014.

PASSED AND ADOPTED THIS the 4th day of February, 2014 by the following vote:

AYES: Anderson, Nagy, Garcia, Oliveira, Brazil

NOES: None

ABSTAIN: None

ABSENT: None



Mayor, City of Gustine

ATTEST:



City Clerk, City of Gustine