

**RESOLUTION NO. 090-29**

**A RESOLUTION OF THE CITY COUNCIL OF THE CITY OF ARCATA  
SUPPORTING THE  
HEALTHY EATING ACTIVE LIVING (HEAL) CITIES CAMPAIGN**

*WHEREAS*, the California Center for Public Health Advocacy is working on a campaign to promote Healthy Eating and Active Living (HEAL) in partnership with the League of California Cities; the Cities, Counties and Schools Partnership; the Institute for Local Government; and others to encourage cities to promote strategic wellness policies; and

*WHEREAS*, the current generation of children statewide is expected to have shorter lives than their parents due to obesity, poor nutrition and physical inactivity and that the consequence of these impacts will cost future generations and impair the productivity of all Californians; and

*WHEREAS*, Arcata embraces policies that facilitate activities that promote healthier lifestyles in our community, including healthy diet and nutrition, and supports smart growth land use planning, active transportation and design principles that enable all Arcata citizens to undertake exercise with the goal of achieving a more active and healthy community; and

*WHEREAS*, the City Council believes that the children of Arcata must be recognized as our community's most valuable resource and commits to participate in statewide, regional and local programs that support opportunities to invest in our youth to promote healthier lifestyles through exercise and good nutrition; and

*WHEREAS*, Arcata has served as a model community to promote progressive policies including smart land use growth, environmental sustainability, active transportation, local agriculture preservation and greenhouse gas reduction and embraces the opportunity to work in collaboration with other community partners to address this challenge; and

*WHEREAS*, the City of Arcata will collaborate with the County, other local cities and with the League of California Cities; Cities, Counties and Schools Partnership; California Center for Public Health Advocacy; and other community partners who wish to promote wellness policies to build healthier cities and encourage our citizens to pursue healthy, active lifestyles and good nutrition.

*NOW, THEREFORE, BE IT RESOLVED* that the City Council of the City of Arcata hereby unanimously supports City participation in the Healthy Eating Active Living (HEAL) Cities Campaign and commits to participate in statewide, regional and local programs that support opportunities to invest in our citizens' health and wellness; and hereby declares the month of October 2009 as "Walktober" to promote and encourage active community participation in local HEAL events;

*AND, BE IT FURTHER RESOLVED* that the City of Arcata will create community wellness policies for inclusion in our next General Plan update to build a healthy and vibrant Arcata; and

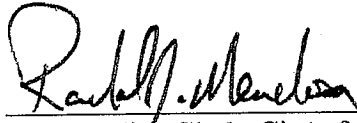
will work collaboratively with our community partners to develop, promote and implement these healthy community goals.

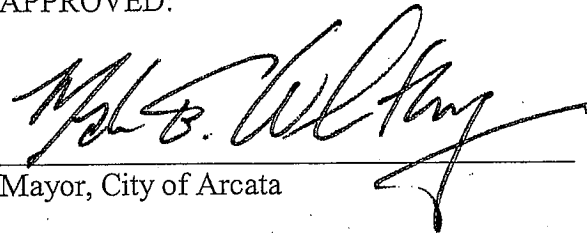
This resolution shall be effective upon its adoption.

DATED: October 7, 2009

ATTEST:

APPROVED:

  
\_\_\_\_\_  
Interim City Clerk, City of Arcata

  
\_\_\_\_\_  
Mayor, City of Arcata

#### CLERK'S CERTIFICATE

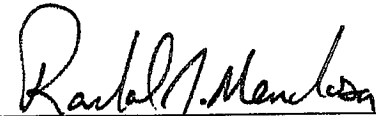
I hereby certify that the foregoing is a true and correct copy of **Resolution No. 090-29** passed and adopted at a regular meeting of the City Council of the City of Arcata, County of Humboldt, State of California, on the 7<sup>th</sup> day of October, 2009, by the following vote:

AYES: **WHEETLEY, STILLMAN, BRINTON, ORNELAS, WINKLER**

NOES: **NONE**

ABSENT: **NONE**

ABSTENTIONS: **NONE**

  
\_\_\_\_\_  
Interim City Clerk, City of Arcata